

Participant Form

Please sign this section to verify that your child is in good health and may participate in *Walk Kansas for Kids*, and return it to Ms. Reddick by Friday, March 11th. If you are unsure about your child's health status, contact your family doctor for advice. Your child will be able to start the program as soon as this form is returned. Please make sure your child is participating in suitable and appropriate physical activity.

I agree that _____ (child's name) is in good health and may participate in *Walk Kansas for Kids*. I also agree that I will monitor his/her activity and report any health problems to a health professional. I pledge to support my child throughout the duration of *Walk Kansas for Kids*.

Parent or Guardian Signature

Date

Transportation:

Each Wednesday (March 23, March 30, April 6, April 13, April 20, and April 27) from 3:15 p.m. to 4:00 p.m. your child will have the opportunity to participate in walking activities with other students participating in the program. Please indicate how your child will get home.

- My child will walk home.
- My child will be picked up by _____
- Other: _____

Contact Information:

The following individuals will be available and can be contacted while my child is participating in the *Walk Kansas for Kids* program on Wednesdays from 3:15 p.m. to 4:00 p.m.

_____ (Individual) _____ (Phone Number)

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Publicity Release:

- I authorize K-State Research and Extension to record and photograph my child's images and/or voice for use in research, educational, and promotional program. I also recognize that these audio, video, and image recordings are the property of K-State Research and Extension.
- No, I do not authorize use of my child's image or voice.

Program Survey. For the following questions, place an X on the one answer that best describes the participant or your family.

	Never	Sometimes	Almost Always
1. How often are fruits available in your home?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. How often is whole grain bread available in your home (like whole wheat)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. How often do you participate in physical activities outside of school (like play sports like basketball or football, walk to or from school, or play outside)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. When you are in school, how often do you participate in physical education (PE) classes?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>