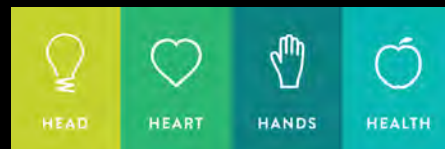


Flint Hills District 4-H News

Council Grove Office: 620-767-5136
Cottonwood Falls Office: 620-273-6491
Website: www.flinthills.k-state.edu/4-h
Facebook: [flinthillsdistrictksre](https://www.facebook.com/flinthillsdistrictksre)

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JUNE 2025

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Deadline to have
news added to the
newsletter is the
20th of the month



What's in a Motto "To Make the Best, Better"?

The Four H's Represent

Head - Critical thinking, problem solving.

Heart - Self discipline, integrity, communication.

Hands - Serving others.

Health - Choosing healthy lifestyles.

We Are 4-H

4-H PLEDGE

I pledge my **HEAD** to clearer thinking,
my **HEART** to greater loyalty,
my **HANDS** to larger service,
and my **HEALTH** to better living,
for my club, my community,
my country, and my world.



BACK TO OUR ROOTS IN COWBOY BOOTS

TRI COUNTY FREE FAIR JULY 10, 11 AND 12 2025

HERINGTON FAIR GROUNDS

Sunday July 6th

8am - 8:30am....Horse Show Check-in
9amHorse Show 4H and FFA

Thursday July 10th

8am..... Buildings and Barns Open for Entering Exhibits
8am..... 4-H and Open Class Foods
8:30am-12.... Judging: Foods, Arts and Crafts, Misc, Banners
9am-10am.. Bucket Calf and Beef Check-In
10am..... 4-H Food Sale
10am - 11..... Swine, Sheep and Dairy Cattle Check-In
10am - 12..... 4-H "Pickle Power"
11am -12..... Meat Goats and Dairy Goats Check-In
11:30am..... Rabbit and Poultry Check-In
Noon..... Judging: Rabbit & Poultry, Floriculture,
Clothing, Home Environment, Fiber Arts, Photography,
Banners, Field Crops, and Horticulture, Woodworking,
Electrical, Entomology, Geology, Aerospace and Miscellaneous
2pm..... Livestock Judging Contest
3-9pm..... 4-H Exhibits Open to Public
6pm..... Judging: Bucket Calf & Beef

Friday July 11th

8am....Judging: Swine
11am... Judging: Sheep & Meat Goat
(or 30 Min after Swine)
11am..... 4-H Exhibits Open
3-9pm.... Commercial Exhibits Open
5-9pm..... Community Carnival & Bouncy Houses
5:30pm..... Fair Parade (line up at 5pm)
7pm..... Kid's Pedal Power Pull
Following Parade, Community Building
6:30pm....Meal Following Parade
7:30pm....Drill Team at Rodeo Grounds
7:50pm....4-H King and Queen Introduced
7:30pm..... Rodeo

Saturday July 12th

8am..... Judging Dairy Cattle & Dairy Goats
8am..... Dog Show Check-In
9am..... 4-H Dog Show (Park Shelter)
11am -2pm.... 4-H and Open Class Exhibits Open
Noon... Round Robin
Exhibits Released Following the Round Robin
3 - 9pm..... Commercial Exhibits Open
7:30pm.....Demolition Derby
FIREWORKS AT DARK



78th Annual Tri-County Fair

Herington,
Kansas
July 10, 11, & 12
2025

ANY 4H or FFA
member in Kansas
may show at the Tri
County Free Fair in
Herington!

**Entry Link Coming
Soon:**

[https://
www.tricountyfairks.com/](https://www.tricountyfairks.com/)

Tri County Fair
Rules are currently
being updated to
match state fair
classes and will also
be using Fair Entry
for the Tri-4H Fam-
ilies his year. Open
and All other 4-H
will use traditional
entry forms.



Dog Vaccination Clinic!

When: June 7th from 9-11am

All 4-H members in Flint Hills District are welcome!



All dogs showing at the county fair must turn in an immunization record with current rabies and the following vaccinations: Hepatitis, Parvovirus, Parainfluenza and Bordetella. Recent de-worming is strongly recommended. Immunization record sheets are available in the extension office or in KRSE bookstore.

Working Together

Responsibilities of Parents in the 4-H Program:

- ◆ Show interest in what your children are doing and give them encouragement.
- ◆ Provide materials and equipment your child may need, as able.
- ◆ Help the club and leader when asked.

Don't wait to be asked, VOLUNTEER!

- ◆ See that your child finishes as well as starts their projects). Be a "shadow helper" - guide, advise, help - but let the child do his or her own work.
- ◆ Encourage your child when they succeed and even more when they fail.
- ◆ Encourage and reward effort and progress, as well as the end results.
- ◆ Help your 4-Her be a good sport and appreciate the success of others.
- ◆ Support the 4-H leaders. Let the leaders know you appreciate them.
- ◆ Make 4-H a family affair, get the whole family involved in 4-H activities.
- ◆ Learn and support the goals and objectives of 4-H.
- ◆ Remember, the development of youth is the mission.
- ◆ Know that you are building for the future.

40th Annual

Dr. Bob Hines Swine Classic

July 11th & 12th @ Riley County Fairgrounds

Youth will have the opportunity to test their knowledge and compete for prizes in a Swine Skillathon, participate in a photography contest, Showmanship contest, Market & Prospect shows.

Entry Deadline

June 24th

https://kstate.qualtrics.com/jfe/form/SV_3t0fZ1Iy3RuGJBs



Online Z-Books

Available for 4-H Record Keeping

Record keeping and Project Reporting are valuable skills taught to members of the Kansas 4-H program. Members are encouraged to keep a permanent record of all 4-H and non-4-H experience and are encouraged to summarize their project experiences on the Kansas 4-H Project Report Form for project recognition. To help you through this process, please refer to the Guide to Kansas 4-H Project Recognition. Couple of items to make note of: • Youth may choose to use either record keeping option: a.) the fillable PDF Project report forms or b.) the online Z-Books software • The Permanent Record is included in Z-Books. If you choose to keep records with Z-Books, do not feel like you have to transfer over all of your previous years' activities into the online Permanent Record. Start with this year and attach it to your previous document.

<https://www.kansas4-h.org/resources/awards-and-recognition/ZBooks.html>

4-H Judging Opportunities

Southeast Area Judging Contests 2025

June 3rd @ Iola

Livestock judging, Meats judging, & Livestock Skillathon

June 12th @ Emporia

Horticulture judging, Crops judging, Favorite foods Contest, & Photography judging

Contact Office for details

Kansas 4-H Insect Spectacular

Mark your calendars for the 2025 Kansas 4-H Insect Spectacular, a two-day state-wide entomology work shop, will be held in person on June 27th - 28th in El Dorado, KS. Classes will include basic pinning, basic and advanced identification, insect photography, invasive species, pollinator gardens and more. A parent or legal guardian must attend with their 4-H'er. Registration, proposed schedule, and full information will be coming soon. More info can be found <https://www.kansas4-h.org/educational-experiences/project-based-events/conferences-events/insect-spectacular/>



K-State Research and Extension is an equal opportunity provider and employer. K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services, and activities. Accommodations for persons with disabilities may be requested by contacting the Extension Office two weeks prior to the start of the event at 620-767-5136. Requests received after this date will be honored when it is feasible to do so.



4-H PROJECT INFORMATION



POULTRY PROJECT

Foods, Fiber Arts, and Clothing Labels

Members in clothing, fiber arts, or other exhibits needing a label, can make their own label on a piece of cloth with a permanent or laundry type marker. Labels should be about 3" x 2½" in size and include exhibitor name, class number and county. For Foods items, there is a label template available for download at: <http://www.kansas4-h.org/events-activities/fairs/kansas-state-fair/index.html> under "Foods and Nutrition". We have foods and food preservation labels available at the office.



DOG PROJECT

Here are the dates for summer:

June 3rd, 9th, 17th, 25th: All meetings will begin promptly at 6:30pm at the Fair Building.

July 1st, 8th, 17th: All meetings will begin promptly at 6:30pm at the Fair Building. If anyone has any questions, please contact Michelle Poole.

HORSE PROJECT

All Horses coming to the fair both 4-H and Open must have a negative Coggins test and original ID papers at check in.



DAIRY PROJECT



Reminder: Cats that will be shown at the county fair must have proof of rabies and distemper vaccinations done at least 21

Photography Project



Expand Your Experiences! Healthy Living • Plan a photo scavenger hunt for your 4-H club. • Photograph individuals making healthy choices and share them on social media. • Learn to stage and photograph healthy food plates. Science and Agriculture • Learn how scientists use photography in their everyday work. • Study the science of light. • Learn how unmanned aerial vehicles are used to photograph farmland for crop applications. • Take photos of agriculture in action and blog about them to promote agriculture.

Community Vitality • Volunteer to take photos at a community event. • Help archive historical photos. • Arrange for a guest photographer to present to your club. • Organize a photography event for a local organization or your school. Communication and the Arts • Tell your friends about the different types of cameras. • Set up a display demonstrating how to properly present your photographs. • Use your photo skills to promote a community event.

Photo boards are available in the Extension Office. You will need to stop by and purchase them for each photo you will exhibit at the Fair. This year photo boards will be \$2 each. Please have exact change as we can not make change at the office.

- **Dairy ID's are due to Extension Office by June 16th (15th is a Sunday)**
- June 19th - All Breeds State Dairy Show
- June 20th - State Dairy Judging, Quiz Bowl, and Skillathon Contest

Kansas Jr. All Breeds Dairy Show

To access show information and register online, please visit <https://www.asi.k-state.edu/research-and-extension/dairy/jr-dairy-show/>.

ENTRIES ARE DUE BY FRIDAY, JUNE 13.

The Kansas All Breeds Junior Dairy Show Planning Committee would like to invite you to this year's event scheduled for June 19-21, 2025 at the Saline County Livestock and Expo Center in Salina.

If you have any questions or need further assistance, please don't hesitate to contact Kevin Snell at (785) 532-1281 or kpsnell@ksu.edu

DISTRICT 4-H DATES

JUNE

- June 1 MRCO Fair Entry Opens
- June 3 - Southeast Area Livestock Day - Iola, KS
- June 4-6 - Discovery Days, Manhattan
- June 5 - Last day to order small livestock DNA envelopes for nominations
- June 7 - Rocking KM Dog Clinic
- June 7 - River Valley Spring Rabbit Show
- June 11-14 K-State Animal Science Leadership Academy (KASLA)
- June 12 - Horticulture judging, Crops judging, Favorite Foods contest, & Photography judging - Emporia
- June 13-15 State 4-H Geology Field Trip
- June 15 - Commercial Heifer, Swine, Sheep, & Meat Goat Nominations Due
- June 15 - Dairy ID's due
- June 19 - Food Handling Safety Presentation
- June 19 - Morris County 4-H Council Meeting
- June 19 -21 - All Breeds State Dairy Show
- June 20 - State Dairy Judging, Quiz Bowl, and Skillathon Contest
- June 22-27 - 25th Annual 4-H Shooting Sports Championships, Grand Island, NE
- June 25 Open Scales Chase County 5:30pm
- June 26 Open Scales Morris County 5:30pm

JULY

- June 24 - Poultry Testing Morris County Fairgrounds
- July 4 - Extension Office Closed
- July 8 PT Test Date for Chase County Fairgrounds
- July 8 MRCO Fair Pre Entry Deadline
- July 10, 11, 12 - Tri County Fair, Herington
- July 11-12 - Bob Hines Swine Classic
- July 17-24 - Chase County 4-H Fair
- July 19-28 - Morris County 4-H Fair

AUGUST

- August 16 - State Horticulture Judging Contest, Manhattan, KS
- August 23-24 - Livestock Sweepstakes, Manhattan

State Livestock Nomination Information

Nomination deadlines-

June 15 - Small Livestock & Commercial Heifers

- Market hogs & commercial gilts
- Market lambs & commercial ewes
- Market meat goats & breeding does (ALL - commercial and registered)
- Commercial heifers

When do DNA Envelopes have to be ordered?

**10 days prior to nomination deadline*

**YQCA certificate is REQUIRED to order DNA envelopes.*

June 5 - Small Livestock & Commercial Breeding Heifer

Livestock Sweepstakes in Manhattan - August 23-24

Plans are being made for this 2025 event! Watch your email and Facebook for official details.

Entry deadline: August 1, 2025.



Show Off Your Sparks!

Sparks are special interests that allow your creativity, ingenuity and problem solving skill to flourish.

Create your video of you shining with your project. 3-5 minutes clips of you promoting what you do best. Include: Favorite parts of the project, how you got started, supplies and tools you use, goals of your project and what you would tell someone coming out to the fair to see your project for the first time!

Email or Bring in to office on a flash drive
These may just end up on TV to promote the fair or on our Facebook page and Website

Kansas State 4-H Horse Show Info

The Kansas State 4-H Horse Show will be held the second weekend of the Kansas State Fair. The final schedule will be released this spring.

Things you need to know in order to be qualified to exhibit in the 2025 Kansas State 4-H Horse show:

Please be sure to check out <https://www.kansas4-h.org/projects/animal-science/horse/docs/AreYouReadyFinal.pdf>

This guide will be helpful for setting goals to work toward with your project.

Where to enter:

Entries are due August 1, 2025 via [Kansas State Fair's ShoWorks entry system](#). Exhibitors must have completed ALL qualifications prior to August 1, including completing the Horse Safety Webinar and Exam. **ENTRIES RECEIVED AFTER AUGUST 1 WILL NOT BE ACCEPTED.**

ALL PARTICIPANTS IN THE KANSAS STATE 4-H HORSE SHOW MUST COMPLETE THE [SAFETY WEBINAR](#) AND PASS THE [SAFETY EXAM](#) PRIOR TO ENTERING THE HORSE SHOW. IF THIS QUALIFICATION IS NOT MET, ENTRIES WILL BE DENIED.

Baking Tips for the Fair!

Start by asking yourself these simple questions as you are choosing your recipes for the fair.

- Does this food require refrigeration?
- Would you eat this food at room temperature?
- Will this product hold up to its standard when it is judged or displayed?



What/How to display for the fair:

The 4-Her should have experience with the recipe. The judge should ask what they have learned from making this product.

-First year 4-H project examples: no bake cookies, drop cookies (oatmeal or chocolate chip), snack mix. Something a 7 or 8 year old would be interested in preparing.

-Level I can use a mix in BUT if using a mix it should be noted in the recipe.

-Mixes should not be used by 4-Hers in Level 2-4.

-Yeast products are level 3 and 4 only (age 12 and up)

-Pies are level 3 and up.

Do's and Don'ts

Cupcakes should be displayed in wrapper the cupcake structure needs the wrapper for support. Muffins should not be displayed in wrapper a muffin does not need the wrapper for support the judge needs to see the crust. Cookies, cupcakes, muffins, yeast rolls etc. should be displayed in groups of three. The three items should match as closely as possible.



All food items brought in for judging should be displayed on a paper plate or cardboard covered in foil. Cakes should be displayed whole. Angel and chiffon, sponge cakes should be displayed crust side up. All unfrosted cakes should be displayed upright. A cake with a special design (example Bundt cakes) should be displayed crust side down. All baked products should be removed from the pans except pies that should be displayed in a clear glass baking dish. **Remember all entries need a recipe included.**



When Are Baked Goods Done?

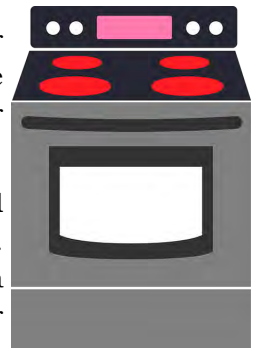
Internal temperatures

- ⇒ Layer cakes - 205-210°F
- ⇒ Pound cake - 210°F
- ⇒ Jelly roll cakes - 190-195°F
- ⇒ Muffins - 210°F
- ⇒ Quick bread - 210°F
- ⇒ Bundt cake - 212°F
- ⇒ Yeast rolls - 190-195°F

Insert thermometer into the end or side to reach the middle of the baked good. Seeing a thermometer hole is OK!

In baking, there are many visual clues to test if a product is done. This includes lightly touching a cake surface, a golden brown color on breads, or inserting a toothpick in a quick bread to see if it is still sticky.

Another way to test for doneness is by checking the internal temperature using a food thermometer. By practicing a recipe, you can determine with temperature how long it takes to bake a product. Then, make note of that time in the recipe for future reference.



CHASE COUNTY

Chase County Fair 2025

Fair Books will be available soon. This year we ask that you stop by the Extension Office when books are ready to pick up your book and entry forms. If you are unable to pick your book up then we can mail it out. We will send an email out once books/entry forms are ready for pick-up. Please make sure you review your project area in case changes have happened. **Pre-Fair entries are due Tuesday, July 1st** to the Extension Office by 5pm. If you need assistance with this please stop by the office prior to the deadline date. We are happy to help!

4-H Council Meeting

August 11 @ 5:30pm

New: This years horse show will be held at the Rodeo Grounds in Strong City starting at 4pm



Coggins Test is required for all horse shown. The exception is foals under 6 months of age still nursing. Must be accompanied by mare who must have negative coggins test. All tests must be within 12 months of the event. This includes both open and 4-H.

2025 Animal Weights

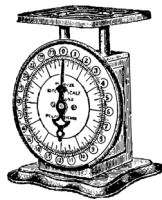
Premium Auction Minimum Weight

Steers/heifers: 1,000 lbs.

Hogs: 220 lbs.

Lambs: 100 lbs.

Goats: 50 lbs.



*****NOTICE***** Scales will be set up on **June 25th from 5:30-6:30 pm** for anyone wanting to check on animal weights. This is great opportunity to see where you are with your livestock weights to make management decisions to reach your goals.

2025 Theme Basket Raffle

Bazaar-"Bazaar" Crafts
Diamond-Ice Cream Social
Gladstone-Royals Night
Toledo-Keeping Cool

Rules: Each 4-Her will receive 10 tickets. Tickets are color coded for each club and are \$1 this year. Tickets will continue to have two parts two them. The buyer will keep a half and you as the seller will keep the other half and then place it in the appropriate raffle bucket. Tickets and money can be turned into the Extension Office as sales are made from the time tickets are distributed until the week of fair. During fair week you can turn them into your leaders-all tickets need to be in the buckets and money turned in prior to the drawing on Thursday, July 24th. If you need more tickets please reach out to your Community Leaders.

2025 Chase County Fair Updates

Fair dates- July 17th-July 24th

- ♦ The sheep/goat weigh-in will be Sunday evening July 20th from 6:00-7:00pm.
- ♦ The swine weigh-in will be Monday evening July 21st from 5:00-6:00 pm.
- ♦ More information on weigh-in times and schedule will come out in the July Newsletter
- ♦ There will no longer be Booths only Banners as an option this year for Clubs.
- ♦ The 4-H Clothing & Fashion Revue Judging will start at 4:00 pm this year on July 17th.
- ♦ There is an option to do consultation judging this year for Visual Arts. It is not mandatory but highly recommended. A sign-up genius will go out similar to what we do for Foods and Photography judging.
- ♦ Visual Arts judging will also start earlier than in the past to allow enough time for consultation judging.
- ♦ Some of the projects have been divided out into new divisions. Please review your project area for any new changes/updates.

Photo Boards

Photo boards are available in the Extension Office. You will need to stop by and purchase them for each photo you will exhibit at the Fair. This year photo boards will be \$2 each. Please have exact change as we can not make change at the office.

June 2025 Chase County

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 SE Area Livestock Judging Contest	4	5 Small Livestock DNA Envelope Deadline	6	7 Dog Vaccination Clinic KM Vet 9-11
8	9	10	11	12 SE Challenge Day Emporia	13	14
15 State Fair & KJLS Nominations Due Sheep/Goats/Swine Breeding Heifers	16 Diary ID's Due To Office	17	18	19	20	21
22	23 Round Table Dis- cussions 6:30pm Fairgrounds	24 Bob Hines Entry Deadline	25 Open Scales 5:30-6:30	26	27 Insect Spectac- ular El Dorado	28 Insect Spectacular El Dorado
29	30	1 Chase Fair Entry Deadline	2	3	4 Office Closed	5

MORRIS COUNTY

Fair Entry Link Opens
June 1st

<https://fairenter.com/Fair/SignIn/22391>



Fair Schedule QR Code

Pre Entries Due July 8th

Fair Books will be available soon. This year we ask that you stop by the Extension Office when books are ready to pick up your book. If you are unable to pick your book up then we can mail it out. We will send an email out once fair entry opens. Please make sure you review your project area in case changes have happened.

Upcoming Meetings :

Council - Thursday, June 19th

Fair Board - Tuesday, June 10th

Food Handling Presentation June 19th

All Council Members and their parents are required to attend, as well as all Club Leaders and Adult Council Representatives. Council Meeting will be held following the safety training. If you can not attend please fill your spot with another club member.

Morris County Fairgrounds

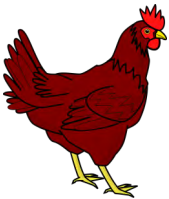
Hosted by Deb Andres, FCS Agent

PT Testing:

Morris County Fairgrounds:

Open Pavilion

June 24th 5pm-6:30pm



- All birds (excluding waterfowl coming to the show must be tested!
- There is no cost for this.
- All birds will be banded for record keeping purposes. No Charge for bands
- Must have your certificate of testing at fair check in.

Morris County Born Market Class



This class is open to all Morris County 4-H members, regardless of county of residence, that have a market steer or heifer meeting one of the following criteria:

- ♦ Raised from their own herd (born to a cow owned by the 4-H member)
- ♦ Purchased from the herd of an immediate family member
- ♦ Purchased from a Morris County Producer

Forms are available in the Extension Office and on website. Due by Pre-Entry Deadline July 8th.

2025 Animal Weights

Premium	Auction	Minimum	Weight
Steers/heifers:	1,000	lbs.	

Hogs: 230 lbs.
Lambs: 90 lbs.
Goats: 40 lbs.



****NOTICE****

Scales will be set up on **June 26th from 5:30-6:30 pm at the fairgrounds** for anyone wanting to check on animal weights. This is great opportunity to see where you are with your livestock weights to make management decisions.

Photo Boards

Photo boards are available in the Extension Office. You will need to stop by and purchase them for each photo you will exhibit at the Fair. This year photo boards will be \$2 each. Please have exact change as we can not make change at the office.

June 2025 Morris County

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Fsr Entry Opens	2	3 SE Area Livestock Judging Contest	4	5 SE Challenge Day Emporia	6	7 Dog Vaccination Clinic KM Vet 9-11
8	9	10 Fair board Meeting 7pm	11	12	13	14
15 State Fair & KJLS Nominations Due Sheep/Goats/ Swine Commercial Heif-	16 Dairy Id Forms Due to Extension Office	17	18	19 Food Safety Training for Snack Shack 6pm Council Meeting Following	20 State Dairy Judging Contest, Skillathon, Quiz bowl Salina Ks	21
22	23	24 PT Testing Fairgrounds 5-6:30pm Bob Hines Enty Deadline	25	26 Open Scales 5:30-6:30pm	27 Insect Spectacu- lar El Dorado	28 Insect Spectacular El Do- rado
29	30	1	2	3	4 Office Closed	5

Flint Hills District 4-H News

Flint Hills Extension Office

Chelsea Bartels
District Director
Agriculture Agent

Ron Smith
4-H Agent

Deb Andres
Family and Consumer Sciences Agent

Laura Canady
SNAP Ed - Program Assistant

Kelley Gawith
Office Professional - Chase County

June 2025 Newsletter



K-STATE
Research and Extension
Flint Hills District

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Research and Extension



Flint Hills
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