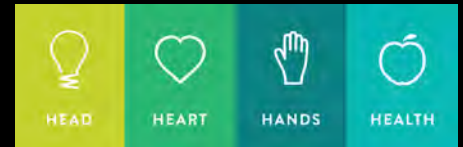


Flint Hills District 4-H News

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Cottonwood Falls Office: 620-273-6491
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February 2025

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HAPPY

**St. Patrick's Day
March 17**

Deadline to have news added to the newsletter is the 20th of the month prior to publication. Our goal is to get mailed by the 1st.

Plan Now for National Volunteer Week, April 20-26, 2025

It is time to get National Volunteer Week on your calendar so you will have a plan to recognize your local 4-H and Extension Volunteers. A reminder to 4-H members that our programs are not possible without the wonderful volunteers from our club leaders, project leaders, board members, superintendents and others who make 4-H a great place to be!



Cool Careers 4-H Video Contest 2025!

This competition allows 4-H members to learn about a career and then produce a video to create their own episode of the series [Cool Careers](#). Entries can be submitted by an individual or a small group. Groups can consist of no more than four 4-H members of the same or different age group. If registering as a group, at least 1 or 2 4-H members need to be enrolled in the specific project they will be highlighting, meaning not all group members need to be enrolled in the project to participate. Deadline to submit videos is August 1, 2025. All information, including contest guidelines and registration link will be located on kansas4-h.org, listed on the front page under News & Updates and also under contests.

This is a result of a new partnership between Kansas 4-H and [HirePaths](#)

Clothing Construction

Beginner

- Learn how to select colors and styles
- Sew or serge an article

Intermediate

- Sew on knits or wovens
- Make a garment from a pattern

Advanced

- Try out new patterns and fabrics
- Update an old garment
- Sew polar fleece
- Investigate careers in the industry

Buymanship

Beginner

- Plan a wardrobe, determine a clothing budget and shop for clothing
- Learn how to select colors and styles

Intermediate

- Record body measurements and determine appropriate clothing sizes
- Conduct a clothing inventory
- Learn differences between warm and cool colors

Advanced

- Identify wardrobe according to body shape, proportion and balance
- Make decisions about clothing purchases by comparing fiber, care requirements, cost, brand and style
- Analyze clothing advertisements

Foods & Nutrition



Pi Day: Celebrates the mathematical constant π (pi), and is observed on March 14

Find Your Spark

- Learn different methods for making yeast breads.
- Explore making pastries and pies.
- Practice baking foam cakes.
- Learn to prepare meats using both dry and moist heat methods.
- Explore herbs and spices
- Learn to prepare celebration meals.

YQCA

Flint Hills District Session 2 will be held in Cottonwood Falls on **April 21st, 5pm**. It is open to both counties; Use the following link to register online <https://yqcaprogram.org/>. The cost of the training is \$3 which you will pay online when you register. You will be required to take a pretest prior to and posttest after training is complete to receive certification. Location TBA

Horse Project

State Horse Judging: March 21st Salina (Equifest)

Cost \$25

Horse Judging Practices are set. Please let me know if you plan to participate. (rds8787@ksu.edu) I realize all dates wont work for everyone just trying to get some good options in.



- Monday March 3rd 6:30pm (Please Try to Attend as registration is due March 7th and I will register the teams)
- Tuesday March 11th 6:30pm
- March 18th-20th 3pm
- All workouts will be 1.5 hours approximately at the MRCO Extension Office

Horse ID

The Kansas 4-H Horse ID Certificate (P1039) has been updated for the 2025 4-H program year. Beginning in 2025, registration papers WILL NOT be accepted to identify horses for the 4-H Horse project.

Entomology

IPM Insect Art Contest - Join in the fun!

The K-State Research and Extension Pesticide Safety and IPM Program is hosting its annual insect-themed art contest, open to all ages and skill levels in Kansas! This year, the theme is "By the Light of the Moon: Insects at Night."

The goal is to explore why and how insects are active or inactive at night, then create artwork that fits the contest theme. Art may be a drawing or painting, digital art, or a 3-D piece such as sculpture, stained glass or other media.

There are five age categories in which 1st - 3rd place will be awarded:

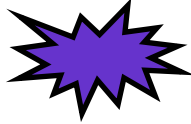
- Kindergarten - 2nd grade
 - 3rd grade - 5th grade
 - 6th grade - 8th grade
 - High school
 - Adult
- ♦ Entries must be received or postmarked before April 15, 2025.
Visit <https://www.ksre.k-state.edu/pesticides-ipm/> for full details.



DISTRICT 4-H DATES

Looking Ahead

- March 7 Legacy Bull Sale
- March 21 State 4-H Horse Judging Contest at EquiFest
- March 22 Regional Club Days Madison, KS
- March 22 Junior Meat Goat Producer Day
- March 24 MRCO County Beef Weigh In 6-8pm
- March 28 CS County Beef Weigh In 5:30-7pm
- MRCO Project Day
- April 20 Market Beef DNA envelope order deadline
- April 21 CS County YQCA
- April 26 CS County Small Animal Weigh In and Bucket Calf Tagging 1-3pm
- April 26 MRCO County Small Animal Weigh In and Bucket Calf Tagging 9-11am

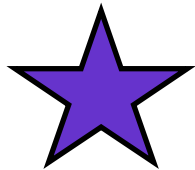


Flint Hills 4-H Sparks Challenge

Wouldn't it be cool if we had some videos like this of Chase and Morris 4-Hers on our Flint Hills District website. Here is the challenge. Help others find their SPARKS! Answer the following type questions in a 3-5 min video with an Introduction, How you got started, what you get to do, what you learn, how can you showcase, what are a couple goals and any advise to give others in the project. I would love to have some to rotate onto the website to showcase our kids! Then email it or drop off on a flash drive to the local office. Great way to practice for the upcoming Club Days!

Here are some examples:

<https://shorturl.at/kQM6Q>



State Livestock Nomination Information

Kansas utilizes an online system to accept state livestock nominations for the Kansas State Fair Grand Drive and/or Kansas Junior Livestock Show (KJLS)!

Nomination Deadlines:

Market Beef – May 1

Small Livestock – June 15

DNA Envelope Order Deadlines:

Official DNA Envelopes must be ordered in advance!

****Use online nomination system link below to order envelopes.****

[How do I skip ahead and order DNA envelopes without entering an animal/prior to tagging?](#)

Market Beef – April 20

Small Livestock – June 5

ALL SUBMISSIONS MUST BE ACCOMPANIED BY OFFICIAL DNA HAIR SAMPLE ENVELOPES (PURCHASED IN 2022-2025).

Mail completed and signed DNA envelopes and copy of ShoWorks receipt listing nominated animals, with their 4-H tag numbers, to:



Kansas State University
c/o State 4-H/FFA Shows
ATTN: Lexie Hayes
214 Weber Hall
1424 Claflin Road
Manhattan, KS 66506-0202

**March 9th
Spring Forward
1 hour**



K-State Research and Extension is an equal opportunity provider and employer.

K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services, and activities. Accommodations for persons with disabilities may be requested by contacting the Extension Office two weeks prior to the start of the event at 620-767-5136. Requests received after this date will be honored when it is feasible to do so.

CHASE COUNTY

4-H Council

2024-2025 Council Officers

President: Guthrie Danford

Vice President: Jerit Inlow

Secretary/Treasurer: Dominic Barrett

Next Meeting is March 31st 6:15pm



YQCA Training: April 21st 5pm Location TBA

- ♦ All 4-Hers in Market Beef that will be going to Tyson will need to be YQCA certified again this year.

Open to all 4-H members in livestock projects.

Livestock Weigh In

March 28 Chase County Beef Weigh In: 5:30pm-7pm at The Mushrush Ranch Sale Facility, Lake Rd. Elmdale KS

**** This will be your only time for beef tagging unless you make prior arrangements before March 28.

Date Change

April 26 - CS County Small Animal Weigh In and Bucket Calf Tagging 1-3pm @ Fairgrounds
Only if there is a conflict a second option will be available on Thursday April 24th 6-7pm in additions to the 26th date.

Premium Auction Minimum Weight

Steers/heifers: 1,000 lbs.

Hogs: 220 lbs.

Lambs: 100 lbs.

Goats: 50 lbs.

What Should My Animal Weigh on April 26? 85 Days to Gain to July 20th

Swine: 100-110lbs Target Weight 280lbs

Sheep 60-65lbs Target Weight 130lbs

Goat: 40-45lbs Target Weight 80lbs

All weights are estimates based on averages.
Averages fluctuate with nutrition, management, health, environment and genetics.

Regional Club Day

Scheduled for March 22rd and will be held at Madison High School. Let us know if you have any questions. If you qualified for Regionals please let us know ASAP if you'd like to attend.

Project Drop/Add

Remember that you can add and/or drop projects in 4-H Online until **May 1st**. Please update 4-H Online when you have decided to add or drop a project. This helps keep project leaders, club leaders, and the Extension office up to date meetings are scheduled and plans continue to move forward for 2024 Fairs.



Project Day

Chase County Project Day has been scheduled for Wednesday, May 28th from 9-12. Save the date on your calendar and look for additional information soon.



2025 Fair Dates

Mark your calendars!

Chase County Fair July 17-24th

Chase Co March 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
23	24	25	26 Chase Co Sheep/Goat/Swine Buyers Workshop 5:30pm	27	28	1 Flint Hills Club Day
2	3 Horse Judging Practice @ Morris Co Office 6:30pm	4	5	6 Extension Board Meeting	7	8
9 Daylight Savings	10	11 Horse Judging Practice @ Morris Co Office 6:30pm	12	13	14	15
16	17 St. Patrick's Day	18 Horse Judging Practice @ Morris Co Office 3pm	19 Horse Judging Practice @ Morris Co Office 3pm	20 Horse Judging Practice @ Morris Co Office 3pm	21	22 K-State Jr Goat Day Regional Club Day Madison KS
23	24	25	26	27	28	29 Beef Weigh In & Tag 5:30pm-7pm
30	31 4-H Council Meeting 6:15pm Fairgrounds	1	2	3	4	5

MORRIS COUNTY

K-STATE
Research and Extension



Cloverbud Connection

March 8th. 10am location to be determined!

Regional Club Day

Scheduled for March 22nd and will be held at Madison High School. Let us know if you have any questions. If you qualified for Regionals please let us know ASAP if you'd like to attend.

Project Day 2025

This spring will be a day for project leaders to schedule meetings on the same day and members can attend multiple project meetings. It is planned for **Sunday, March 30th** from 1pm to 4pm at the Fairgrounds. The day will consist of four (4) time slots of 45 minutes each.

Fiber Arts Project Meeting

March 28th 6:30 pm

Courthouse Meeting Room

Also: Please join the Morris County Fiber Arts Facebook page for more updates.

2025 Fair Dates

Mark your calendars!

July 19-28th



Important Dates

Fair Board Meeting

Tuesday, March 4th

4- H Council Meeting

Tuesday April 15th,

Fairgrounds

Project Drop/Add

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Morris County 4-H Scholarships

Applications are available on Flint Hills Extension Website.

- Morris County 4-H Foundation scholarship is due May 1st, 2025.
- Konley Harding Scholarship is due May 9th, 2025.

Livestock Weigh In

March 24- MR County Beef Weigh In 6-8pm
Schrader's Farm

April 26th - MR County Small Animal Weigh In
and Bucket Calf Tagging 9-11am Fairgrounds

2025 Animal Weights

Premium Auction Minimum Weights:

Steers/heifers: 1,000 lbs.

Hogs: 230 lbs.

Lambs: 90 lbs.

Goats: 40 lbs.

What Should My Animal Weigh on April 26?

91 Days to Gain to July 26th

Swine: 100-110lbs Target Weight 280lbs

Sheep 60-65lbs Target Weight 125lbs

Goat: 40-45lbs Target Weight 80lbs

All weights are estimates based on averages.

Averages fluctuate with nutrition, management, health, environment and genetics.

Morris Co March 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
23	24 Small Live-stock Buyers Workshop White City Council Meeting	25	26 Small Live-stock Buyers Workshop Chase Co Fairgrounds 5:30pm	27	28	1 Flint Hills Club Day K-State Jr Swine Day
2	3 Horse Judging Practice @ Morris Co Office 6:30pm	4	5	6 Extension Board Meeting	7	8 Cloverbud Meeting 10am
9 Daylight Savings	10	11 Horse Judging Practice @ Morris Co Office 6:30pm	12	13	14	15
16	17 St. Patrick's Day	18 Horse Judging Practice @ Morris Co Office 3pm	19 Horse Judging Practice @ Morris Co Office 3pm	20 Horse Judging Practice @ Morris Co Office 3pm	21 State Horse Judging Salina	22 K-State Jr Goat Day Regional Club Day Madison KS
23	24 Beef Weigh In & Tagging 6-8pm	25	26	27	28 Fiber Arts Project Meeting 6:30pm Courthouse	29
30 Project Day 1pm Fairgrounds	31	1	2	3	4	5 4-H Foundation Banquet

Flint Hills District 4-H News

Flint Hills Extension Office

Chelsea Bartels
District Director
Agriculture Agent

Ron Smith
4-H Agent

Deb Andres
Family and Consumer Sciences Agent

Laura Canady
SNAP Ed - Program Assistant

Amy Lif
Office Professional - Council Grove

March 2025 Newsletter



K-STATE
Research and Extension
Flint Hills District

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Research and Extension



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